



Kojonup News Friday 15/02/2008

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press clip

THE RED SKY RIDE IS COMING TO KOJONUP.

On Tuesday 4th March a group of cyclists and support personnel will be staying overnight in Kojonup, as part of their fundraising ride -The Red Sky Ride.

The ride is a 750km bike ride aiming to increase awareness in our community of SolarisCare and the importance, of physical and emotional wellbeing and the link to quality of life. The riders set off from Perth on Sunday 2nd March to York, then Narrogin, Kojonup, Bridgetown, Bunbury, Mandurah, returning to Perth on Sunday 9th of March.

By raising funds for SolarisCare the ride aims to assist SolarisCare in achieving its goals of creating new facilities and widening the access to its services.

It also aims to return expertise and experience to the wider population particularly rural and remote area patients, support research into the known benefits of services which alleviate distress and anxiety and measurably improve quality of life, and extend education programmes.

The SolarisCare Foundation and SolarisCare operates a cancer support centre that provides integrated care for cancer. Services are free of charge to cancer patients and their carers from all over Western Australia. SolarisCare is fully integrated with mainstream medical care and aims to provide patients with the tools to cope with the emotional and physical side effects of chemotherapy, radiotherapy and surgery.

The SolarisCare Centre at Sir Charles Gairdner Hospital (SCGH) alone provides 380 therapy treatments per month with 21 therapies on offer,

and support services - support, information and advice - to at least the same number of visitors. All free of charge.

For more information about the Red Sky Ride, the participants and the very worthwhile work done by SolarisCare, then visit the website at www.redskyride.com.au. All donations over \$2.00 to this worthy cause are tax deductible.

Volunteer massage therapists needed. We need your help to make the Red Sky Ride a success. Volunteer massage therapists trained in sports massage are needed to ensure our 26 riders and support people are at their best along the course of the ride.

Three to five (3-5) Massage Therapists (Cert IV or above) are required two to three hours in the afternoon of Tuesday 4th of March. If you can help then contact Margaret at SolarisCare/Red Sky Ride on 9346 7631.

There is to be a fundraising event on the evening of Tuesday 4th March - more details in our next issue.

FUNDRAISER:

A Cake and Produce stall is to be held on Friday 22nd February to raise funds for the SolarisCare Cancer Support Centre. As well as yummy cakes and other food there will also be a raffle. Expect to see Fred Harris selling tickets soon around towns. Funds raised will be donated to the Red Sky Ride.

For donations and further information please contact: Rose Graham on 9832 3045, or Marge Harris on 9831 1475.